

# Physical Education Overview Term 4, 2018

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## FOUNDATION YEAR

P.L.A. focus is on the students being Creative, Collaborative and Adaptable.

National Curriculum Links. The students will.....

- \* perform loco motor skills in any direction from one point to another.
- \* participate in games that require them to be aware of personal safety and game boundaries.
- \* participate in games with and without equipment.
- \* work with a partner or small group to complete a movement task or challenge.
- \* follow instructions for personal safety and fair play.

Activities will include.....

~ opportunities to develop locomotion skills by participating in games which ask them to hop, jump, skip, run, crawl and side-step from one point to another.

~ small team games to assist them to work with others to achieve a common goal, follow rules, play fairly and use equipment appropriately.

~ participating in games from other cultures.

## JUNIOR PRIMARY

P.L.A. focus is on the students being Communicators, Collaborative and Creative.

National Curriculum Links. The students will.....

- \* create and participate in games with and without equipment.
- \* incorporate elements of effort, space, time, objects and people in performing simple movement sequences.
- \* identify rules and fair play when participating in physical activities.

Activities will include.....

~ performing fundamental movement skills involving controlling objects with equipment and different parts of the body.

~ small group games to assist them to work with others to achieve a common goal, follow rules, play fairly and use equipment appropriately.

~ inventing games with rules using one or two pieces of equipment.

~ participating in games from other cultures.

#### MIDDLE PRIMARY

P.L.A. focus is on the students being Communicators, Collaborative and Adaptable.

National Curriculum Links. The students will.....

\* practise and refine fundamental movement skills in a variety of movement sequences and situations.

\* adopt inclusive practices when participating in a variety of movement tasks.

\* apply basic rules and scoring systems, and demonstrate fair play when participating in small group and game situations.

Activities will include.....

~ opportunities for the students to participate in a range of team games where the focus is on; displaying co-operation skills, applying team strategies, playing fairly and using equipment fairly. Team sports will include Cricket, Tennis and Softball.

#### UPPER PRIMARY

P.L.A. focus is on the students being Critical Thinkers, Open Minded and have a Growth Mindset.

National Curriculum Links. The students will.....

\* participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing.

\* demonstrate ethical behaviour and fair play that aligns rules when participating in a range of physical activities.

\* practise specialised movement skills and apply them in a variety of movement sequences and situations.

Activities will include.....

~ opportunities for the students to participate in a range of team games where the focus is on; playing fairly and sharing equipment with others, displaying co-operation skills, applying team strategies and using reflective listening when working in small groups on movement tasks or challenges.

~ Team sports will include Tennis, Cricket and Softball.